

January-2024

Breakfast:
 1-2 3-5 6-12
 Milk 1/2 c 3/4 c 1 c
 Fruit, Veg or both 1/4 c 1/2 c 1/2 c
 Grains/Breads 1/2 oz eq 1/2 oz eq 1 oz eq
 Dry Cereal 1 oz
 Meat/Meat Alt. 1/2 oz 1/2 oz 1 oz
 *Select 2 of the 5 components

Lunch:
 1-2 3-5 6-12
 Milk 1/2 c 3/4 c 1 c
 Grains/Breads 1/2 oz eq 1/2 oz eq 1 oz eq
 Pasta/Noodles 1/4 c
 Fruit 1/8 c 1/4 c 1/4 c
 Vegetables 1/8 c 1/4 c 1/2 c
 Meat/Meat Alt. 1 oz. 1.5 oz. 2 oz.

PM Snack:
 1-2 3-5 6-12
 Milk 1/2 c 1/2 c 1 c
 Fruit 1/2 c 1/2 c 1/2 c
 Vegetable 1/2 c 1/2 c 3/4 c
 Grains/Breads 1/2 oz eq 1/2 oz eq 1 oz eq
 Meat/Meat Alt. 1/2 oz 1/2 oz 1 oz
 *Select 2 of the 5 components

Monday		Tuesday		Wednesday		Thursday		Friday	
				1	HAPPY	2	Streetsboro/Ravenna/Rootstown No School	3	Streetsboro/Ravenna/Rootstown No School
BR -		BR -		BR -	NEW YEARS	BR -	French Toast Sticks/Grapes/Milk	BR -	Mini Spooners/Strawberries/Milk
LN -		LN -		LN -	CENTER CLOSED	LN -	Beef Hotdogs WW buns/Mixed Veggies/Fruit Cocktail/Milk	LN -	Nachos/Salad/Mandrine Oranges/Milk
SN -		SN -		SN -		SN -	Animal crackers/Milk	SN -	Saltines/Milk
6		7		8		9		10	
BR -	Mini Muffins/Oranges/Milk	BR -	Chex Cereal/ Grapes/Milk	BR -	Waffles/Bananas/Milk	BR -	Bagles With Cream Cheese/Blueberries/Milk	BR -	Mini Spooners/Strawberries/Milk
LN -	Chicken Quessadilla/Corn/Pineapple/Milk	LN -	WW Beefaroni/Green Beans/Fruit Cocktail/Milk	LN -	Ham and Cheese on WW/Mixed Vegetables/Mandrine Oranges/Milk	LN -	Chicken and Cheese on WW/Green Peppers/Peaches/Milk	LN -	Tacos on WW/Salad/Pears/Milk
SN -	Butter rounds/Milk	SN -	Scooby Snacks/Milk	SN -	Pretzels/Milk	SN -	Cheez-its/Milk	SN -	Multigrain Crackers/Milk
13		14		15		16		17	
BR -	Mini Muffins/Bananas/Milk	BR -	Life Cereal/Grapes/Milk	BR -	Cinnamon Raisin Bread/Cream Cheese/Blueberries/Milk	BR -	Kix Cereal/Oranges/Milk	BR -	Waffles/Grapes/Milk
LN -	Peanutbutter and Jelly on WW/Cucumber/Pineapple/Milk	LN -	Chicken & Cheese on WW/Salad/Applesauce/Milk	LN -	Sloppy Joe on WW/Green Peppers/Pears/Milk	LN -	Turkey and Cheese on WW/Celery/Fruit Cocktail/Milk	LN -	Chicken Patty on WW Bun/Corn/Mandrine Oranges/Milk
SN -	Teddy Grahams/Milk	SN -	Saltines & String Cheese/Milk	SN -	Butter Smooths/Milk	SN -	Animal crackers/Milk	SN -	Graham Crackers/Milk
20	Streetsboro/Ravenna/Rootstown NO SCHOOL	21		22		23		24	
BR -	Mini Muffins/Oranges/Milk	BR -	Mini Spooners/Blueberries/Milk	BR -	Pancakes/Strawberries/Milk	BR -	Cherrios/Grapes/Milk	BR -	Cinnamon Raisin bread W Cream Cheese/BananasMilk
LN -	WW Beefaroni/Cauliflower/Peaches/Milk	LN -	Peanut Butter and Jelly on WW/Green Peppers/Pineapple/Milk	LN -	Chicken Quessadilla/Carrots/Mandrine Oranges/Milk	LN -	Turkey and Cheese on WW/Cucumbers/Applesauce/Milk	LN -	Nachos/Salad/Fruit Cocktail/Milk
SN -	Butter Rounds/Milk	SN -	Cheese Crackers/Milk	SN -	Multigrain Crackers/Milk	SN -	Goldfish/Milk	SN -	Pretzels/Milk
27		28		29		30		31	
BR -	Mini Muffins/Bananas/Milk	BR -	Chex Cereal/Blueberries/Milk	BR -	Bagel/Cream Cheese/Strawberries/Milk	BR -	Life Cereal/Blueberries/Milk	BR -	Waffles/Oranges/Milk
LN -	Chicken Quessadilla/Celery/Pears/Milk	LN -	Ham and Cheese on WW/Cucumbers/Peaches/Milk	LN -	All Beef Hot Dog/WW Bun/Green Beans/Pineapple/Milk	LN -	Chicken Strips/Corn/Pears/Milk	LN -	Peanut Butter and Jelly on WW/Green Peppers/Pineapple/Milk
SN -	Cheese Itz/Milk	SN -	Teddy Grahams/Milk	SN -	Animal Crackers/Milk	SN -	Chips and Salsa/Milk	SN -	Graham Crackers/Milk

Menu is subject to change.

This institution is an equal opportunity provider.

Whole Milk = Children under 24 months
 Skim Milk = Children over 24 months
 WG = Whole Grain / WW = Whole Wheat